



## **Professional-Extreme Abuse Survey (P-EAS)**

An International Online Survey for  
Therapists, Counselors, Clergy, and Other Persons Who Have Worked Professionally  
With at Least One Adult Survivor of Extreme Abuse  
April 1, 2007 -- June 30, 2007

### **Questionnaire**

The P-EAS, in both English and German, is the second in a series of online surveys designed to explore commonalities reported by survivors of Extreme Abuse including, but not limited to, Ritual Abuse and / or Mind Control (RA / MC).

This anonymous survey is conducted privately by Carol Rutz, Thorsten Becker, Bettina Overkamp, and Wanda Karriker. It is provided by S.P.ORG.-Consulting e.V., a non-governmental organization in Germany.

The survey should take about 30 minutes to complete. Some of the responses may be triggering to participants who are extreme abuse survivors. You may stop at anytime and you do not have to complete it.

It is divided into 8 sections:

1. Demographics
2. Professional Training and Numbers of Adult Survivors with Whom You Have Worked
3. Personal Experiences with Survivors
4. Numbers of Survivors with Different Types of Abuse
5. Memories Reported by Survivors
6. Possible Aftereffects of Extreme Abuse Reported by Survivors
7. Optional: Respondent's Personal History of Extreme Abuse (2 questions)
8. Optional: Your Observations of Various Healing Methods

For questions and comments about the survey, please contact one of the developers.

[info-english@extreme-abuse-survey.net](mailto:info-english@extreme-abuse-survey.net)

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At the end of survey you will find information on how to share any additional comments relevant to this study regarding your clinical experiences with extreme abuse survivors.

Results will be published on the website [www.extreme-abuse-survey.net](http://www.extreme-abuse-survey.net) and will be available for download.

### **Rationale for this Preliminary Study**

Ten years ago, the therapeutic community faced the first criminal trial involving charges against therapists in connection with “false” or “recovered” memories of ritual abuse. Although charges were dismissed in March 1999, the phenomenon of RA / MC remains a controversial issue among therapists, counselors, investigators, and in the courts.

Only a few empirical studies in peer-reviewed journals provide descriptive data reported by adult survivors regarding the types of ritual abuse they have experienced and its mental and physical sequelae. No studies involve interviews with survivors of mind control experimentation or professionals who have worked with them.

Ritual abuse and mind control can be considered specific categories of extreme abuse. There are no widely accepted definitions in the academic or survivor literature for the terms “extreme abuse,” “ritual abuse,” or “mind control.” For purposes of this online questionnaire, the surveyors assume that participants will define these terms within their own frames of reference.

In some of the survey questions, we distinguish between "extreme abuse (other than RA / MC)" and "RA / MC." For more information on

- ◆ Ritual Abuse see  
Proof that Ritual Abuse Exists (Compiled by a Ritual Abuse Survivor)  
[\[www.extreme-abuse-survey.net/download/RA%20Proof.htm\]](http://www.extreme-abuse-survey.net/download/RA%20Proof.htm)

- ◆ Mind Control see  
Mind Control Simple to Complex  
[\[http://truthbeknown2000.tripod.com/Truthbeknown2000/id17.html\]](http://truthbeknown2000.tripod.com/Truthbeknown2000/id17.html)
- ◆ Cold War Mind Control Experiments see  
A Nation Betrayed  
[\[http://my.dmci.net/~casey/\]](http://my.dmci.net/~casey/)
- ◆ Torture and Trafficking see  
UN Definitions of Trafficking  
[\[http://www.ritualabusetorture.org/undefinitionstrafficking.pdf\]](http://www.ritualabusetorture.org/undefinitionstrafficking.pdf)

Thank you!

C. Rutz  
B. Overkamp  
W. Karriker  
Th. Becker

**Begin the survey by typing in your country of residence and your primary language.**

*Do not sign your name.*

**My country of residence is:**

\_\_\_\_\_

**My primary language is:**

\_\_\_\_\_

**My gender:**

*(one response only)*

- Female
- Male
- Transgendered

**My current age:**

*(one response only)*

- 18 – 21
- 22 – 35
- 36 – 50
- 51 – 65
- 66+

1. I have received training as a . . .

- Addictions Counselor
- Clinical Social Worker
- Clinician
- Clinician in Trauma Unit
- Marriage and Family Therapist
- Medical Doctor (not a psychiatrist)
- Mental Health Counselor
- Pastoral Counselor
- Professional Survivor Advocate
- Psychiatrist
- Psychologist
- Psychotherapist
- Psychiatric Nurse
- Psychoanalyst
- School Counselor
- Social worker in non-governmental organization
- Social Worker in Government Social Services:  
Child Protection Unit
- Social Worker in Government Social Services:  
Education / Counseling
- Social Worker in Government Social Services:  
Specialized Counseling
- Social Worker in Government Social Services:  
Health Care
- Clergyperson whose practice of counseling is not subject  
to governmental regulation
- Other person who has worked professionally with  
at least one adult survivor of extreme abuse:
- Type in discipline:* \_\_\_\_\_

**2. The approximate number of adult survivors with whom I have worked professionally who have reported memories consistent with any form of extreme abuse is . . .**

*(one response only)*

- Zero
- One
- 2 – 10
- 11 – 20
- 21 – 30
- 31 – 50
- 51 – 100
- 101 – 200
- 201 – 500
- 501 -1000
- More than 1000
- Don't know
- No answer

**3. The approximate number of adult survivors with whom I have worked professionally who have reported memories consistent with extreme abuse (other than RA / MC) is . . .**

*(one response only)*

- Zero
- One
- 2 – 10
- 11 – 20
- 21 – 30
- 31 – 50
- 51 – 100
- 101 – 200
- 201 – 500
- 501 – 1000
- More than 1000
- Don't know
- No answer



**4. The approximate number of adult survivors with whom I have worked professionally who have reported memories consistent with ritual abuse and / or mind control (RA / MC) is . . .**

*(one response only)*

- Zero
- One
- 2 – 10
- 11 – 20
- 21 – 30
- 31 – 50
- 51 – 100
- 101 – 200
- 201 – 500
- 501 – 1000
- More than 1000
- Don't know
- No answer

**5. Of individuals reporting memories consistent with RA / MC, I believe that the following percentage actually experienced ritual abuse.**

*(one response only)*

- Zero
- 1 to 10%
- 11 to 20%
- 21 to 30%
- 31 to 40%
- 41 to 50%
- 51 to 60%
- 61 to 70%
- 71 to 80%
- 81 to 90%
- 91 to 100%
- Don't know
- No answer

**6 Of individuals reporting memories consistent with RA / MC, I believe that the following percentage actually experienced mind control.**  
*(one response only)*

- Zero
- 1 to 10%
- 11 to 20%
- 21 to 30%
- 31 to 40%
- 41 to 50%
- 51 to 60%
- 61 to 70%
- 71 to 80%
- 81 to 90%
- 91 to 100%
- Don't know
- No answer

**7. For individuals who I believe actually experienced RA / MC, my opinion is based, in part, on the following observations.**

*(check either n / a, yes or no)*

1. Severe reactions (before / during / after) to “telling” about the abuse (e.g., suicidality, self-harm, physical pain responses, disproportionate self-doubt, retraction, social withdrawal, etc.).

n / a        
yes          
no        

2. The quality of posttraumatic / dissociative symptoms was indicative of RA / MC.

n / a        
yes          
no        

3. The types of dissociated identities I observed were reflective of RA / MC.

n / a        
yes          
no        

4. The content of fears / phobias was indicative of RA / MC.

n / a        
yes          
no

5. The content of creative productions (such as art, sandtray stories, music, poetry) was reflective of RA / MC.

n / a        
yes          
no        

6. Certain physical and medical sequelae could be explained as having been a result of RA / MC.

n / a        
yes          
no        

7. Some reports of RA / MC were based on continuous memories rather than dissociated memories.

n / a        
yes          
no        

8. Significant memories of RA / MC fit logically into other aspects of the individual's life history (i.e., they helped to form a coherent narrative).

n / a        
yes          
no        

9. Significant memories were corroborated by the testimony of other individuals (e.g., siblings, parents, or other witnesses; co-victims or perpetrators).

n / a        
yes          
no

10. The individual presented objects consistent with reports of RA / MC (e.g., photographs, documents, weapons, clothing, electroshock machines etc.).

- n / a        
yes          
no

11. The individual's memories were consistent with my own personal memories of RA / MC.

- n / a        
yes          
no

12. None of the above

- n / a        
yes          
no

13. Other (You will be given information on how to report other types of corroboration at the end of the survey).

- n / a        
yes          
no

- 8. Of the adult RA / MC survivors with whom you have worked professionally, what percentage would you estimate to be female?**  
*(one response only)*

- Zero
- 1 - 25%
- 26-50%
- 51-75%
- 76-99%
- 100%

**9. My personal experiences as a therapist, counselor, clergy, or other person who has worked professionally with at least one adult survivor of extreme abuse . . .**

*(When responding to a specific item, mark only on the most appropriate response .  
If you prefer not to respond to a specific item, or if its meaning is unclear or not applicable to your situation, you may choose "No Answer" (n / a).)*

1. I have worked with at least one adult whose "memories" of extreme abuse (other than RA / MC) can be accounted for, in part, by the misuse of hypnosis and / or regressive therapies by a previous therapist.

n / a                      
yes                        
don't know              
no                       

2. I have worked with at least one adult whose "memories" of RA / MC can be accounted for, in part, by the misuse of hypnosis and / or regressive therapies by a previous therapist.

n / a                      
yes                        
don't know              
no                       

3. I have worked with at least one adult who reported "memories" of an improbable event involving extreme abuse (other than RA / MC); however, it is possible that the event was "staged" to make the victim believe that it happened.

n / a                      
yes                        
don't know              
no



4. I have worked with at least one adult who reported "memories" of an improbable event involving RA / MC, however; it is possible that the event was "staged" to make the victim believe that it happened.

n / a              
yes                
don't know       
no               

5. The majority of adult survivors of extreme abuse (other than RA / MC) with whom I have worked have met the diagnostic criteria for DID.

n / a              
yes                
don't know       
no               

6. The majority of adult RA / MC survivors with whom I have worked have met the diagnostic criteria for Dissociative Identity Disorder (DID).

n / a              
yes                
don't know       
no               

7. I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who has never met the diagnostic criteria for DID.

n / a              
yes                
don't know       
no

8. I have worked with at least one adult RA / MC survivor who has never met the diagnostic criteria for DID.

- n / a
- yes
- don't know
- no

9. At least one adult survivor of extreme abuse (other than RA / MC) has attempted but not completed suicide while working with me.

- n / a
- yes
- don't know
- no

10. At least one adult survivor of RA / MC has attempted but not completed suicide while working with me.

- n / a
- yes
- don't know
- no

11. At least one adult survivor of extreme abuse (other than RA / MC) has committed suicide while working with me.

- n / a
- yes
- don't know
- no

12. At least one adult survivor of RA / MC has committed suicide while working with me.

- n / a
- yes
- don't know
- no

13. I always take a neutral stance regarding the truth of traumatic memories reported by an adult survivor of extreme abuse (other than RA / MC).

- n / a
- yes
- don't know
- no

14. I always take a neutral stance regarding the truth of an adult survivor's memories of RA / MC.

- n / a
- yes
- don't know
- no

15. At least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked remembered his / her extreme abuse before entering psychotherapy with anyone.

- n / a
- yes
- don't know
- no

16. At least one adult survivor of RA / MC with whom I have worked remembered RA / MC before entering psychotherapy with anyone.

- n / a
- yes
- don't know
- no

17. At least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked first remembered his / her extreme abuse while working with me.

- n / a
- yes
- don't know
- no

18. At least one adult survivor of RA / MC first remembered RA / MC while working with me.

- n / a
- yes
- don't know
- no

19. I have heard two or more adult survivors of extreme abuse (other than RA / MC) name the same perpetrator(s).

- n / a
- yes
- don't know
- no

20. I have heard two or more adult RA / MC survivors name the same perpetrator(s).

- n / a
- yes
- don't know
- no

21. At least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked remembered seeing perpetrator(s) wearing white doctors' coats.

- n / a
- yes
- don't know
- no

22. At least one adult survivor of RA / MC with whom I have worked remembered seeing perpetrator(s) wearing white doctors' coats.

- n / a
- yes
- don't know
- no

23. At least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked remembered a perpetrator who addressed himself as a doctor and used a color as his surname.

- n / a
- yes
- don't know
- no

24. At least one adult survivor of RA / MC with whom I have worked remembered a perpetrator who addressed himself as a doctor and used a color as his surname.

- n / a
- yes
- don't know
- no

25. At least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked reported that the Nazi-war criminal Dr. Josef Mengele was involved in his / her abuse.

- n / a
- yes
- don't know
- no

26. At least one adult survivor of RA / MC with whom I have worked reported that the Nazi-war criminal Dr. Josef Mengele was involved in his / her abuse.

- n / a
- yes
- don't know
- no

27. I have heard two or more adult survivors of extreme abuse (other than RA / MC) name the same place(s) of abuse.

- n / a
- yes
- don't know
- no

28. I have heard two or more adult RA / MC survivors name the same place(s) of abuse.

- n / a
- yes
- don't know
- no

29. I have observed what appear to be external entities which have attached to and / or exerted some control over at least one adult survivor of extreme abuse (other than RA / MC).

- n / a
- yes
- don't know
- no

30. I have observed what appear to be external entities which have attached to and / or exerted some control over at least one adult RA / MC survivor.

- n / a
- yes
- don't know
- no

31. I have accompanied at least one adult survivor of extreme abuse (other than RA / MC) to the alleged scene of his / her abuse.

- n / a
- yes
- don't know
- no

32. I have accompanied at least one adult RA / MC survivor to the alleged scene of his / her abuse.

- n / a
- yes
- don't know
- no

33. I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who I later learned had been reporting back to his / her perpetrator(s) without my knowledge.

- n / a
- yes
- don't know
- no

34. I have worked with at least one adult RA / MC survivor who I later learned had been reporting back to his / her perpetrator(s) without my knowledge.

- n / a
- yes
- don't know
- no

35. I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who, at the time, claimed current abuse by his / her perpetrator(s).

- n / a
- yes
- don't know
- no



36. I have worked with at least one adult RA / MC survivor who, at the time, claimed current abuse by his / her perpetrator(s).

- n / a
- yes
- don't know
- no

37. I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who escaped from his / her perpetrator(s) while working with me.

- n / a
- yes
- don't know
- no

38. I have worked with at least one adult RA / MC survivor who escaped from his / her perpetrator(s) while working with me.

- n / a
- yes
- don't know
- no

39. I have been harmed by an alleged non-RA / MC perpetrator or perpetrator group in apparent retaliation for working professionally with one of their victims.

- n / a
- yes
- don't know
- no

40. I have been harmed by an alleged RA / MC perpetrator or perpetrator group in apparent retaliation for working professionally with one of their victims.

- n / a
- yes
- don't know
- no

41. I have been threatened by an alleged non-RA / MC perpetrator or perpetrator group in apparent retaliation for working professionally with one of their victims.

- n / a
- yes
- don't know
- no

42. I have been threatened by an alleged RA / MC perpetrator or perpetrator group in apparent retaliation for working professionally with one of their victims.

- n / a
- yes
- don't know
- no

43. I have been threatened by an adult survivor of extreme abuse (other than RA / MC) at the time s / he was in therapy with me.

- n / a
- yes
- don't know
- no

44. I have been threatened by an adult RA / MC survivor at the time s / he was in therapy with me.

- n / a
- yes
- don't know
- no

45. I have been threatened by an adult survivor of extreme abuse (other than RA / MC) after s / he left therapy with me.

- n / a
- yes
- don't know
- no

46. I have been threatened by an adult RA / MC survivor after s / he left therapy with me.

- n / a
- yes
- don't know
- no

47. I have been harmed by an adult survivor of extreme abuse (other than RA / MC) at the time s / he was in therapy with me.

- n / a
- yes
- don't know
- no

48. I have been harmed by an adult RA / MC survivor at the time s / he was in therapy with me.

- n / a
- yes
- don't know
- no

49. I have been harmed by an adult survivor of extreme abuse (other than RA / MC) after s / he left therapy with me.

- n / a
- yes
- don't know
- no

50. I have been harmed by an adult RA / MC survivor after s / he left therapy with me.

- n / a
- yes
- don't know
- no

51. I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who has successfully sued his / her perpetrator(s) in civil court.

- n / a
- yes
- don't know
- no

52. I have worked with at least one adult survivor of RA / MC who has successfully sued his / her perpetrator(s) in civil court.

- n / a
- yes
- don't know
- no

53. I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who has made claims against a perpetrator which have been investigated by authorities.

- n / a
- yes
- don't know
- no

54. I have worked with at least one adult survivor of RA / MC who has made claims against a perpetrator which have been investigated by authorities.

- n / a
- yes
- don't know
- no

55. Psychiatric hospitalization has been helpful in the treatment of at least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked.

- n / a
- yes
- don't know
- no

56. Psychiatric hospitalization has been helpful in the treatment of at least one adult survivor of RA / MC with whom I have worked.

- n / a
- yes
- don't know
- no

57. I have sought appropriate hospitalization for at least one adult survivor of extreme abuse (other than RA / MC) with whom I have worked and have found it.

- n / a
- yes
- don't know
- no

58. I have sought appropriate hospitalization for at least one adult survivor of RA / MC with whom I have worked and have found it.

- n / a
- yes
- don't know
- no

59. I have received professional supervision / consultation from someone who is knowledgeable about the treatment of adult survivors of extreme abuse (other than RA / MC).

- n / a
- yes
- don't know
- no

60. I have received professional supervision / consultation from someone who is knowledgeable about the treatment of adult RA / MC survivors.

- n / a
- yes
- don't know
- no

61. I am in need of an experienced supervisor / consultant who is knowledgeable about the treatment of adult survivors of extreme abuse (other than RA / MC).

- n / a
- yes
- don't know
- no

62. I am in need of an experienced supervisor / consultant who is knowledgeable about the treatment of adult RA / MC survivors.

- n / a
- yes
- don't know
- no

63. I offer supervision / consultation to other mental health providers in their work with adult survivors of extreme abuse (other than RA / MC).

- n / a
- yes
- don't know
- no

64. I offer supervision / consultation to other mental health providers in their work with adult RA / MC survivors.

- n / a
- yes
- don't know
- no

65. I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who believed s / he was being abused by an external perpetrator but later discovered the abuse was from an internal perpetrator / alter.

- n / a
- yes
- don't know
- no

66. I have worked with at least one adult RA / MC survivor who believed s / he was being abused by an external perpetrator but later discovered the abuse was from an internal perpetrator / alter.

- n / a
- yes
- don't know
- no

67. I have worked with at least one adult survivor of extreme abuse (other than RA / MC) who responded to the "International Survey for Adult Survivors of Extreme Abuse" that was posted on this website January 1, 2007 to March 31, 2007.

- n / a
- yes
- don't know
- no



68. I have worked with at least one adult RA / MC survivor who responded to the "International Survey for Adult Survivors of Extreme Abuse" that was posted on this website January 1, 2007 to March 31, 2007.

- n / a
- yes
- don't know
- no

69. I am a member of a local study group that addresses extreme abuse issues, in general.

- n / a
- yes
- don't know
- no

70. I am a member of a local study group that primarily focuses on RA / MC issues.

- n / a
- yes
- don't know
- no

71. I am a member of an online list that provides information / discussion and / or support about extreme abuse issues, in general.

- n / a
- yes
- don't know
- no

72. I am a member of an online list that primarily provides information / discussion and / or support about RA / MC issues.

- n / a
- yes
- don't know
- no

73. I have attended one or more professional educational seminars / conference presentations that addressed extreme abuse issues, in general.

- n / a
- yes
- don't know
- no

74. I have attended one or more professional educational seminars / conferences presentations that primarily focused on RA / MC issues.

- n / a
- yes
- don't know
- no

75. I have attended one or more survivor-run conferences that addressed extreme abuse issues, in general.

- n / a
- yes
- don't know
- no

76. I have attended one or more survivor-run conferences that primarily focused on RA / MC issues.

- n / a
- yes
- don't know
- no

77. I have attended one or more professional educational seminars / conference presentations that specifically addressed the phenomenon of torture.

- n / a
- yes
- don't know
- no

78. I have attended one or more professional educational seminars / conference presentations that specifically addressed the phenomenon of trafficking.

- n / a
- yes
- don't know
- no

79. I will continue to work with adults who are survivors of extreme abuse.

- n / a
- yes
- don't know
- no

80. I will continue to work with adults who are survivors RA.

- n / a
- yes
- don't know
- no

81. I will continue to work with adults who are survivors of MC.

- n / a
- yes
- don't know
- no

**10. Mark only one response to indicate the approximate number of adult survivors of extreme abuse with whom you have worked professionally who have reported memories consistent with . . .**

1. Ritual abuse in a satanic cult.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

2. Ritual abuse in a Gnostic-occult group.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

3. Ritual abuse in a child pornography group.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

4. Ritual abuse in a traditional religious group (e.g., church, synagogue, mosque).

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

5. Ritual abuse in a religious sect (a group made up of dissenters from an established faith such as a Christian sect).

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

6. Ritual abuse in a Fascist group (e.g., Neo-Nazi, White Supremacist, KKK, or other group that considers itself the superior in race, creed, or origin).

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

7. Ritual abuse in an unnamed group without a remarkable ideology.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

8. Ritual abuse in a named group other than those listed above (a satanic cult, a Gnostic-occult group, a child pornography group, a traditional religious group, a religious sect, a Fascist group, or an unnamed group without a remarkable ideology). You will be given information on how to list other groups / venues at end of survey.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

9. Having been trafficked as a child.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

10. Having been trafficked as an adult.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

11. Having been a child victim of state-sponsored torture.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

12. Having been an adult victim of state-sponsored torture.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer



13. Having been a child victim of torture that was not state-sponsored.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

14. Having been an adult victim of torture that was not state-sponsored.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

15. RA / MC in a day-care center.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

16. Having been a subject of government-sponsored mind control experimentation as a child.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

17. Having been a subject of government-sponsored mind control experimentation as an adult.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

18. Ritual abuse by clergy.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

19. Ritual abuse in a polygamist group.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

20. Greek letters such as Alpha, Beta, Delta, Theta, Omega used in connection with abuse.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

21. Having been taken out of school to another location to be ritually abused and then returned to school classroom.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

22. Having been taken out of school to another location for mind control programming and then returned to school classroom.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

23. Speaking and / or writing in an unknown language and / or code.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

24. One or more alters having access codes.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

25. Having at least one robot-alter.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

26. Having at least one animal alter.

- Zero
- One
- 2 – 10
- 11 – 20
- More than 20
- Don't know
- No answer

**11. I have worked with at least one survivor of extreme abuse whose reported memories of extreme abuse include . . .**

1. Aversive hypnosis

- n / a
- yes
- don't know
- no

2. Being caged

- n / a
- yes
- don't know
- no

3. Being threatened with death if survivor ever talked about the abuse

- n / a
- yes
- don't know
- no

4. Bestiality

- n / a
- yes
- don't know
- no

5. Blinding lights

- n / a
- yes
- don't know
- no

6. Bondage

- n / a
- yes
- don't know
- no

7. Brain implants

- n / a
- yes
- don't know
- no

8. Brain stimulation

- n / a
- yes
- don't know
- no

9. Buried alive

- n / a
- yes
- don't know
- no

10. Dislocation of limbs

- n / a
- yes
- don't know
- no

11. Electronic harassment

- n / a
- yes
- don't know
- no

12. Electroshock

- n / a
- yes
- don't know
- no

13. Eugenics experiments

- n / a
- yes
- don't know
- no

14. Experiments with dolphins

- n / a
- yes
- don't know
- no



15. Experiments with non-human primates

- n / a
- yes
- don't know
- no

16. Forced abortion

- n / a
- yes
- don't know
- no

17. Forced cannibalism

- n / a
- yes
- don't know
- no

18. Forced drugging

- n / a
- yes
- don't know
- no

19. Forced impregnation

- n / a
- yes
- don't know
- no

20. Forced participation in murder by perpetrators

- n / a
- yes
- don't know
- no

21. Forced to abuse other victims

- n / a
- yes
- don't know
- no

22. Forced to murder (or survivor made to think he / she had murdered) a baby

- n / a
- yes
- don't know
- no

23. Forced to participate in animal mutilations / killings

- n / a
- yes
- don't know
- no

24. Incest

- n / a
- yes
- don't know
- no

25. Injection of painful eye drops

- n / a
- yes
- don't know
- no

26. "Marriage" to Satan

- n / a
- yes
- don't know
- no

27. Microwave abuse

- n / a
- yes
- don't know
- no

28. Survivor's own child murdered by his / her perpetrator(s)

- n / a
- yes
- don't know
- no

29. Near drowning experience caused by perpetrators

- n / a
- yes
- don't know
- no

30. Non-lethal weapons abuse

- n / a
- yes
- don't know
- no

31. Pornography (adult)

- n / a
- yes
- don't know
- no

32. Pornography (child)

- n / a
- yes
- don't know
- no

33. Prostitution (adult)

- n / a
- yes
- don't know
- no

34. Prostitution (child)

- n / a
- yes
- don't know
- no

35. Psychic driving

- n / a
- yes
- don't know
- no

36. Radiation exposure

- n / a
- yes
- don't know
- no

37. Receiving physical abuse from perpetrators

- n / a
- yes
- don't know
- no

38. Sensory deprivation

- n / a
- yes
- don't know
- no

39. Sexual abuse by multiple perpetrators

- n / a
- yes
- don't know
- no

40. Sleep deprivation

- n / a
- yes
- don't know
- no

41. Spinning

- n / a
- yes
- don't know
- no

42. Starvation

- n / a
- yes
- don't know
- no

43. Straight-jacketed

- n / a
- yes
- don't know
- no

44. UFO abduction

- n / a
- yes
- don't know
- no

45. Use of blood in abuse

- n / a
- yes
- don't know
- no

46. Use of feces in abuse

- n / a
- yes
- don't know
- no

47. Witnessing murder by perpetrators

- n / a
- yes
- don't know
- no

48. Witnessing animal mutilations / killings

- n / a
- yes
- don't know
- no

49. Witnessing physical abuse by perpetrators on other victims

- n / a
- yes
- don't know
- no

50. Other abuse(s)

- n / a
- yes
- don't know
- no



**12. Some of the possible aftereffects that at least one adult survivor of extreme abuse has reported to me include . . .**

1. Art productions with abuse / torture themes

- n / a
- yes
- don't know
- no

2. Auto-immune disorders

- n / a
- yes
- don't know
- no

3. Beliefs indoctrinated by perpetrator(s)

- n / a
- yes
- don't know
- no

4. Cancer

- n / a
- yes
- don't know
- no

5. Dealing with programs installed by perpetrator(s)

- n / a
- yes
- don't know
- no

6. Dissociative flashbacks with satanic themes

- n / a
- yes
- don't know
- no

7. Eating disorder

- n / a
- yes
- don't know
- no

8. Fibromyalgia

- n / a
- yes
- don't know
- no

9. Foreign objects in body

- n / a
- yes
- don't know
- no

10. Hospitalization in a psychiatric unit

- n / a
- yes
- don't know
- no

11. Infertility

- n / a
- yes
- don't know
- no

12. Infliction of sexual pain on others

- n / a
- yes
- don't know
- no

13. Infliction of sexual pain on self

- n / a
- yes
- don't know
- no

14. Migraine headaches

- n / a
- yes
- don't know
- no

15. Multiple sclerosis

- n / a
- yes
- don't know
- no

16. Mysterious ailments for which a diagnosis cannot be made

- n / a
- yes
- don't know
- no

17. Painful body memories

- n / a
- yes
- don't know
- no

18. Posttraumatic stress disorder

- n / a
- yes
- don't know
- no

19. Seizures with no organic basis

- n / a
- yes
- don't know
- no

20. Self-mutilating behaviors

- n / a
- yes
- don't know
- no

21. Sexually-transmitted disease (s)

- n / a
- yes
- don't know
- no

22. Sexual urges triggered by feelings of threat, fear, shame, guilt, etc.

- n / a
- yes
- don't know
- no

23. Sleep problems

- n / a
- yes
- don't know
- no

24. Soft, brittle teeth

- n / a
- yes
- don't know
- no

25. Substance abuse

- n / a
- yes
- don't know
- no

26. Suicidal thoughts around special holidays, birthdays, etc.

- n / a
- yes
- don't know
- no

27. Suicidal thoughts immediately before traumatic memories surface

- n / a
- yes
- don't know
- no

28. Survivor guilt

- n / a
- yes
- don't know
- no

29. Thyroid problems

- n / a
- yes
- don't know
- no

30. Unexplained bruises and wounds

- n / a
- yes
- don't know
- no

31. Unexplained external scarring

- n / a
- yes
- don't know
- no

32. Unexplained internal scarring

- n / a
- yes
- don't know
- no

33. Unusual fears

- n / a
- yes
- don't know
- no

34. Other possible aftereffects of Extreme Child Abuse

- n / a
- yes
- don't know
- no

- 13. OPTIONAL: If you are a survivor of extreme abuse and would like to share that via this survey, please answer the following 2 questions. If you choose not to respond to these questions, please go to optional question #14.**

The category of extreme abuse listed below that best describes my experience as a survivor is . . .

*(one response ONLY)*

- 1. Ritual Abuse
- 2. Mind Control
- 3. Ritual Abuse and Mind Control
- 4. Extreme Abuse (other than RA / MC)

I have found evidence to corroborate that I am a survivor of the type of extreme abuse I checked in the preceding question.

*(one response ONLY)*

- 1. No answer
- 2. Yes
- 3. Don't Know
- 4. No



**14. OPTIONAL: My observations of various healing methods for extreme abuse are . . .**

*(If you are not familiar with a particular method mark n / a. Otherwise, rate each method on a scale of 1 to 5 according to how helpful you think the method would be for at least one survivor of extreme abuse with whom you have worked).*

1. Acupuncture

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

2. Aromatherapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

3. Chiropractic

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

4. Homeopathy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

5. Massage Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

6. Naturopathy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

7. Nutrition and Diet Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

8. Occupational Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

9. Osteopathy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

10. Physical Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

11. Abreactive Work

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

12. Art Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

13. Biofeedback

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

14. Clinical Hypnosis

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

15. Confronting Abuser(s)

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

16. Creative Writing

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

17. Dance Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

18. Deliverance

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

19. Formal Deprogramming

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

20. Drawing / Painting

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

21. Drumming

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

22. Electroshock Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

23. EMDR

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

24. Energy Therapies

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

25. Exorcism

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

26. Feldenkrais

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

27. Grounding Techniques

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

28. Group Psychotherapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

29. Hospitalization

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

30. Individual Psychotherapy / Counseling

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

31. Internet Support Group

- n / a
- No help
- Little help
- Some help
- Much help
- Great help



32. Journaling

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

33. Left / Right Handwriting Techniques

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

34. Local Survivor Support Group

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

35. Music Therapy

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

36. Neurofeedback

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

37. Non-suicide Contract with Therapist

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

38. Personal Prayer / Meditation

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

39. Physical Exercise

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

40. Psychodrama

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

41. Psychotropic Medications

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

42. Reading Survivor Stories

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

43. Reiki

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

44. Self-Care / Self-Soothing Techniques

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

45. Spiritual Guidance / Counseling

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

46. Supportive Family Members

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

47. Supportive Friends

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

48. Survivor Conferences

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

49. Swimming

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

50. Theophostic Prayer

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

51. Twelve-step Programs

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

52. Yoga

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

53. Other Method(s)

- n / a
- No help
- Little help
- Some help
- Much help
- Great help

## **Additional Comments**

The surveyors invite you to share any additional information relevant to this study regarding your clinical experiences with extreme abuse survivors. We are especially interested in

- ◆ any corroborative evidence of RA / MC
- ◆ types of perpetrator groups that RA survivors have remembered that are not mentioned in this survey
- ◆ reasons why you continue or refuse to see new clients already identified as RA / MC
- ◆ types of extreme abuse (other than RA / MC)
- ◆ ideas for future research

You may submit your comments

In English language: [info-english@extreme-abuse-survey.net](mailto:info-english@extreme-abuse-survey.net)

In German language: [info-deutsch@extreme-abuse-survey.net](mailto:info-deutsch@extreme-abuse-survey.net)

If you wish to retain complete anonymity in your written responses please submit them from an anonymous email account. Please know that if your name is on the email sent to us, we will delete it before entering your comments in our data base.

***THANK YOU FOR COMPLETING THE SURVEY.***